

BLACKSBURG RUGBY presents the 2010 BLACKSBURG RUGBY YOUTH SKILLS CLINIC

**Saturday, 6 November
11:00 p.m. - 1:00 p.m.**

Blacksburg Rugby Match Ground, Blacksburg, VA

(200 block of Country Club Drive Southwest near S. Main Street;
Behind Kroger Supermarket on South Main Street)



Youth from Preschool to Early Teens Welcome

(Participants will be grouped by age range)

Parents Welcome (Parents can participate, observe, or drop off and pick up)

No Charge to Participate (Small donations will be accepted to cover costs)

What you'll do:

- Participants will take part in the clinic in groups assembled by age range.
- Participants will be introduced to rugby and will learn basic rugby skills (passing, catching, kicking, etc.) from a group of coaches. There will be no tackling or rough physical contact.
- Participants will take part in short touch/tag rugby games at the end of the clinic.

What you need to participate:

- Workout/exercise clothes (shorts, t-shirt, track suit/sweat suit, etc.; Dress appropriately for the weather)
- Running shoes/soccer shoes
- Optional: Drinking water/juice and snack (Some water and snacks will be provided)
- Registration and Participation Agreement and Waiver of Liability forms completed by a parent or guardian (available online at <http://blacksburgrugby.com/youth> or at the clinic)



**Advance online registration encouraged but not required—walk-ins are welcome.
To register or ask questions, go to <http://blacksburgrugby.com/youth> or email
youth@blacksburgrugby.com.**

In partnership with:



About Rugby Virginia: Founded in 2007, Rugby Virginia is the USA Rugby recognized State-Based Rugby Organization (SBRO) for High School and Youth rugby in the Commonwealth of Virginia. The organization's mission is dedicated to the growth of boys and girls high school and youth rugby in Virginia, while promoting an atmosphere consistent with the values of the game. The organization oversees more than 50 high school and youth rugby sides in Virginia and participates in the annual Coventry Commonwealth State Games. For more information on Rugby Virginia: 703-282-0449, rugbyvirginia@gmail.com, or visit the website at www.rugbyvirginia.com/ and on Facebook.